

Macutec Once Daily

What is Macutec Once Daily?

Macutec Once Daily is a specialized, Australian-made nutritional supplement designed to support the health of your macula. Based on the landmark AREDS2 clinical study, it provides a precise blend of antioxidants, vitamins, and minerals. It is recommended for patients with dry macular degeneration to help slow the progression of the disease.



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The Proven Benefits for Dry Macular Degeneration

Dry Age-Related Macular Degeneration (AMD) is characterized by the gradual breakdown of light-sensitive cells in the macula, often preceded by the buildup of waste deposits called drusen. While there is currently no cure for the dry form of the disease, clinical research has proven that nutritional intervention can significantly alter its course.

The AREDS2 Evidence Macutec Once Daily is formulated based on the Age-Related Eye Disease Study 2 (AREDS2), one of the most significant clinical trials in ophthalmology. This five-year study, involving thousands of participants, demonstrated that a specific combination of nutrients can reduce the risk of progressing from intermediate to advanced AMD by approximately 25%.

Key Protective Benefits:

- **Neutralizing Oxidative Stress:** The macula is highly susceptible to "oxidative stress" caused by light exposure and metabolic activity. The high doses of Vitamin C and Vitamin E in Macutec act as powerful antioxidants, helping to protect retinal cells from this daily damage.
- **Building Macular Pigment:** This formula contains 10mg of Lutein and 2mg of Zeaxanthin. These carotenoids are naturally found in the macula, where they act as "internal sunglasses," filtering out harmful blue light and increasing macular pigment density.
- **Essential Mineral Support:** Zinc and Copper are vital for the health of the retinal pigment epithelium (RPE), the layer of the eye that supports the photoreceptors. Macutec uses a refined 25mg dose of Zinc, which provides protective benefits while being gentler on the stomach.

By taking one capsule daily, you are providing your eyes with the exact nutrient profile shown to help preserve central vision. This proactive approach is a vital step in maintaining your independence and quality of life as you manage dry AMD.



Meet our Optometrists

Tom Roger
 B App Sci (Optometry)
 Grad Cert Ocular Therapeutics
 FACBO MBA
 CASA CO (Aviation Eye Examiner)

Tobin Eapen
 Bachelor in Clinical Optometry
 Master of Optometry