

Avulux Migraine & Light Sensitivity Lenses

Avulux lenses are clinically proven for migraine and light sensitivity. Their patented technology filters up to 97% of harmful light wavelengths, reducing light-triggered pain. This non-pharmaceutical solution can be worn indoors and out, helping you live with greater comfort and less pain.

Book Now



The Science Behind the Relief

Living with migraine and light sensitivity, or photophobia, can be a constant battle. Up to 80% of migraine sufferers report this extreme discomfort, where certain light wavelengths—particularly blue, amber, and red—can trigger or intensify pain. Avulux lenses are a game-changer because they don't just reduce brightness; they precisely filter the specific light spectrums known to cause problems. This revolutionary approach uses a patented nano-molecular filter to absorb up to 97% of the most harmful wavelengths, allowing soothing green light to pass through. This targeted filtration helps manage the neurological pathways in the eye that can lead to pain, providing a new level of comfort and relief. The lenses are also color-neutral, so you can manage your light sensitivity without distorting your vision, making them perfect for all-day wear, whether you're at the office, in a supermarket, or enjoying time outdoors.



Meet our Optometrists

Tom Roger
B App Sci (Optometry)
Grad Cert Ocular Therapeutics
FACBO MBA
CASA CO (Aviation Eye Examiner)

Tobin Eapen
Bachelor in Clinical Optometry
Master of Optometry



Clinically Proven and Life-Changing

Avulux isn't just a promise; it's a clinically proven solution. It's the only lens of its kind to be validated in an independent, randomized, double-blind, placebo-controlled trial, which is the highest standard of scientific evidence. The results are clear: 90% of Avulux wearers found that the lenses helped them get through their day by effectively filtering light. These lenses can help reduce light-triggered pain and support you in daily activities that were previously challenging. They are a safe, non-pharmaceutical option that works seamlessly alongside any migraine medication or medical device. Avulux lenses are a truly life-changing tool for anyone who has been forced to live in the dark because of light sensitivity. By allowing you to navigate the world with greater comfort and confidence, Avulux helps you reclaim your day.

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