

Rinsada

Rinsada is a gentle and innovative in-office procedure designed to "reset" the surface of your eyes.

Rinsada is a high-flow irrigation system that uses a sterile, saline solution to thoroughly flush away irritants, reduce inflammation, and provide you with immediate and lasting relief. It's a targeted and effective way to clean the entire ocular surface, giving your eyes a fresh start.

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Rinsada is an excellent option for patients who experience:

- **Dry Eye Disease:** By flushing away inflammatory markers and debris, Rinsada helps improve the quality of your tear film and restore comfort.
- **Ocular Allergies:** It provides instant relief by physically removing allergens like pollen, dust, and pet dander that get trapped under your eyelids.
- **Chronic Eye Irritation:** If you have symptoms like redness, grittiness, or a foreign body sensation due to environmental factors, Rinsada can quickly calm the irritation.
- **Blepharitis:** It helps clear away the biofilm and bacteria that contribute to eyelid inflammation.
- **Post-Procedure Cleansing:** It is often used to ensure a clean ocular surface after other in-office treatments.

The Rinsada Patient Experience: A Step-by-Step Guide

1. **Initial Consultation:** Your journey begins with a comprehensive eye exam. Your optometrist will discuss your symptoms and determine if Rinsada is the most suitable treatment for your condition.



Meet our Optometrists

Tom Roger

B App Sci (Optometry)
Grad Cert Ocular Therapeutics
FACBO MBA
CASA CO (Aviation Eye Examiner)

Tobin Eapen

Bachelor in Clinical Optometry
Master of Optometry

2. The In-Office Procedure: The Rinsada procedure is quick, comfortable, and typically takes about 10-15 minutes.

- You will be comfortably seated in our exam chair.
- Your eye doctor will use a specialized, single-use Rinsada device.
- A controlled, gentle stream of sterile saline solution is applied to the surface of your eye and, most importantly, underneath your eyelids, in the deep folds called the "fornix." These are areas that are difficult to clean with regular eye drops or at-home rinses.
- The device is designed with a soft curve and multiple micro-ports to ensure a thorough and even rinse, removing debris and inflammatory agents from the entire ocular surface.
- You may feel a cool, refreshing sensation. Most patients experience no discomfort during the procedure.

3. Immediate Relief: Following the rinse, any excess fluid is gently wiped away. Many patients report an immediate feeling of relief, with their eyes feeling less irritated, less gritty, and more comfortable.

4. Aftercare & Ongoing Treatment:

- There is typically no downtime, and you can resume your normal activities right away.
- Your optometrist may recommend a series of treatments to achieve long-term results, depending on the severity of your condition. Consistent at-home care, as recommended by your doctor, is also essential to maintain a healthy ocular surface.

Why Choose Rinsada?

- Targeted & Effective: It goes beyond surface-level cleaning to address the root causes of irritation by flushing out hidden irritants and inflammation.
- Immediate & Lasting Relief: Provides instant comfort while also offering long-term benefits by reducing key inflammatory markers.
- Safe & Gentle: Uses a sterile saline solution and a non-invasive, single-use device, making it safe for sensitive eyes.
- Non-Surgical: It's a quick, in-office procedure with no downtime.



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