

## VitroCap for Eye Floaters

VitroCap is a unique dietary supplement specifically formulated with a blend of micronutrients to support the health of your vitreous and potentially reduce the visual discomfort associated with vitreous degeneration.

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Are you experiencing these visual annoyances?

- Floaters: Those annoying "cobwebs," "specks," or "worms" that drift across your vision.
  - Flashes of light: Brief streaks or flashes, often in your peripheral vision.
  - Blurred or distorted vision: Especially when looking at bright lights or clear backgrounds.
- If so, you might be experiencing symptoms related to vitreous degeneration.

What is the Vitreous?

The vitreous is the clear, gel-like substance that fills the space between your lens and your retina. It helps maintain the eye's shape and allows light to pass through to the retina. As we age, or due to other factors, the vitreous can undergo changes, becoming more liquid and less uniform. This can lead to the formation of small clumps or strands that cast shadows on your retina, which you perceive as floaters.

How can VitroCap help?

Recent research suggests that a targeted micronutrient intervention can make a difference. A study titled "Dietary Intervention With a Targeted Micronutrient Formulation Reduces the Visual Discomfort Associated With Vitreous Degeneration" explored the impact of specific nutrients on vitreous health. The findings indicated that supplementation with a targeted formulation, like VitroCap, may help to:

- Reduce the perception of floaters: By supporting the overall health and structure of the vitreous.
- Alleviate visual discomfort: Improving the clarity and comfort of your vision



### Meet our Optometrists

**Tom Roger**

B App Sci (Optometry)  
Grad Cert Ocular Therapeutics  
FACBO MBA  
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**Tobin Eapen**

Bachelor in Clinical Optometry  
Master of Optometry

### What's in VitroCap?

VitroCap contains a carefully selected combination of ingredients, often including:

- **Vitamins:** Such as Vitamin C and Vitamin E, known for their antioxidant properties.
  - **Minerals:** Like Zinc, which plays a crucial role in eye health.
  - **Phytonutrients:** Such as OPC (Oligomeric Proanthocyanidins) from grape seed extract, and Lysine, which are thought to support connective tissue and reduce oxidative stress.
- These ingredients work synergistically to provide comprehensive support for your vitreous.

### Is VitroCap right for you?

If you are experiencing symptoms of vitreous degeneration, VitroCap may be a beneficial addition to your eye care routine. However, it's essential to:

- **Consult with your optometrist:** Before starting any new supplement, it's crucial to have a comprehensive eye examination to rule out any other serious eye conditions and to determine if VitroCap is appropriate for your individual needs.
- **Understand that results may vary:** While the study showed promising results, individual responses to supplements can differ.

Talk to us today about VitroCap and how it might help you achieve clearer, more comfortable vision!



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