

OptiLight IPL (Intense Pulse Light)

If you suffer from persistent dry eye symptoms, you know how frustrating and uncomfortable it can be. While many treatments offer temporary relief, they often don't address the underlying cause of your dry eye.

OptiLight is a light-based treatment that applies precise, controlled pulses of light to the skin around your eyelids. While IPL technology has been used safely for dermatological conditions for years, OptiLight is the first and only IPL device FDA-approved for dry eye management.

[Book Now](#)



How OptiLight IPL Works for Dry Eye:

OptiLight applies precise light pulses to the skin around your eyelids. This advanced technology:

- Reduces Inflammation: Targets inflammatory mediators.
- Improves Gland Function: Gently warms Meibomian glands, melting blockages for healthier tear oils.
- Restores Tear Film: Helps create a stable, healthy tear film for lasting comfort.

Is OptiLight IPL Right for You?

If you experience dryness, burning, redness, blurry vision, or contact lens discomfort, OptiLight may be ideal, especially for evaporative dry eye (MGD). Your optometrist will assess your suitability.

What to Expect During Treatment:

Performed in our Dalby practice, OptiLight is safe and gentle:

1. Preparation: Eyes are protected, and coupling gel is applied.
2. Treatment: Gentle light pulses are delivered to the eyelid area. You might feel a mild warmth.
3. Sessions: Typically 4 sessions, 2-4 weeks apart, each lasting 10-15 minutes.
4. Aftercare: Mild, temporary redness is possible. Sun protection is needed.



Meet our Optometrists

Tom Roger

B App Sci (Optometry)
Grad Cert Ocular Therapeutics
FACBO MBA
CASA CO (Aviation Eye Examiner)

Tobin Eapen

Bachelor in Clinical Optometry
Master of Optometry