

# **Optilight IPL Dry Eye Treatment**

Do You Suffer From Dry Eyes?

You are not alone. Dry Eye Disease affects more than 4 million Australians and is rising each day. Meibomian Gland Dysfunction (MGD) is considered a leading cause in Dry Eye Disease, accounting for about 86% of cases.\* Dry Eye Disease due to MGD can have a significant impact on your quality of life, leading to foreign body sensation, pain, blurry vision, dry or watery eyes. We know how tough and frustrating this can

be – and you deserve a solution.

### **Book Now**





#### Why IPL?

- 2.7 times improvement in tear break up time compared to control group
- 6.3 times more expressible glands compared to control group
- The first and only IPL FDA approved for dry eye management



#### Dry Eye Treatment Protocol

Initial Dry Eye Assessment (Tear film assessment, meibography, ocular surface photography and Ocular Surface Disease Index (OSDI) Survey.

4 to 5 scheduled fortnightly IPL sessions, followed by blephasteam, meibomian gland expression and assessment.

If required, follow up IPL sessions are recommended 3, 6 or 12 monthly.

Treatments include advice on tear supplementation, ocular medications and other supplements for improve ocular surface health.



#### Consent & Safety Information

Lumenis energy based treatments are not suitable for everyone and, like every treatment, can carry some risks. For more information about patient contraindications for treatment with OptiLight please ask our team.

For further information: IPL Optilight Consent & Safety Information

## Meet our Optometrist - Tom Roger



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- Papageorgiou et al. (2008) Br J Dermatol 159(3):628-32 3. Liu et al. (2017) Am J Ophthalmol 183:81-90. 4. Yin et al. (2018) Curr Eye Res 43(3):308-13 5. Fishman et al. (2019) Photobiomodul Photomed Laser Surg
- 6. Lemp MA et al. (2012) Cornea 31(5):472-428 7.Lumenis study submitted to the FDA: (ClinicalTrials.gov: